

# 2025 ANNUAL REPORT





# OUR IMPACT

Since its founding in 1999, Clínica de Familia La Romana has established itself as a model in the Dominican Republic for providing comprehensive, high-quality healthcare services, with a holistic, family-centered approach. Our team works every day with dedication, respect, love, and empathy to promote the health and well-being of each of our clients, responding comprehensively to their health needs.

Children's Global Health Fund, established in the United States in 2017, was created with the purpose of mobilizing resources and providing technical assistance to Clínica de Familia La Romana, thus contributing to the strengthening and sustainability of its impact in the Dominican Republic.

## 2025

**278,153**

Services provided

**64,989**

Clients served

# MEDICAL SERVICES

Clínica de Familia continues to provide comprehensive, high-quality health services in the La Romana community. As a nonprofit institution, we offer accessible, prevention-focused care, supported by a highly trained, multidisciplinary clinical team deeply committed to our clients' well-being. This year, we expanded our service offerings through the introduction of oncology consultations.

We have also maintained our specialized outpatient consultations across various medical fields, including pediatrics, obstetrics and gynecology, family medicine, internal medicine, orthopedics, pulmonology, infectious disease (for children and adults), psychiatry, urology, cardiology, diabetes care, nephrology, clinical nutrition (for children and adults), perinatology, gynecological endocrinology, cosmetology, and family planning.

Clínica de Familia has a clinical laboratory certified with the international quality standard ISO 9001, which supports our ability to perform diagnostic tests to the highest standards. We also offer a wide range of diagnostic imaging services, including ultrasound, Doppler, X-rays, echocardiograms, electrocardiograms, ambulatory blood pressure monitoring, Holter monitoring, and ultrasound-guided biopsies.



**47,277**

medical consultations

**9,387**

family planning consultations

**174,747**

lab tests performed

**17,855**

imaging studies performed



# HIV PROGRAM

Our HIV Program is grounded in a client-centered, comprehensive care model that ensures access to antiretroviral therapy and rigorous clinical follow-up. This effort extends into the community through a multidisciplinary team of community health promoters and client navigators. Community promoters conduct home visits and provide accompaniment to clients with HIV and their families, ensuring they receive education, counseling, and palliative care, among other services. The navigation team provides personalized support to vulnerable clients who have missed medical appointments and those with new diagnoses, ensuring treatment adherence and retention in care.

We also lead prevention initiatives such as Undetectable = Untransmittable (U=U), pre-exposure prophylaxis (PrEP), and a vertical transmission prevention program, reaffirming our commitment to preventing new infections. Our health promoters provide sexual health education to key populations in the community, facilitating access to medical and prevention services. As part of these efforts, the Second Provincial HIV Forum was held in November for university students, promoting education, early diagnosis, and stigma reduction through a participatory dialogue and training space.

**2,501**  
clients with HIV

**94%**  
clients with  
suppressed viral load

**100%**  
HIV-negative  
newborns

**9,752**  
HIV consultations

**1,985**  
home visits

**1,732**  
Key populations reached  
by promoters

# SOCIAL SERVICES & MENTAL HEALTH



**2,983**

social work  
beneficiaries

**5,727**

psychology  
consultations

**75**

family gardens

**41**

campers

Care at Clínica de Familia is defined by a person-centered model in which social services and mental health are core pillars. The Social Work Department supports people with HIV who face vulnerability through targeted assistance, including nutrition support, family gardens, access to medications, coverage for specialized consultations and diagnostic studies, school support with supplies and backpacks, transportation for medical appointments, and housing improvements.

Recognizing the central role of emotional well-being in overall health, the Mental Health Department provides services at the clinic, in community settings, and through telemedicine. Care includes individual, couple, and family therapy, as well as support groups that accompany clients throughout the continuum of care. In 2025, services for children were further strengthened through expanded developmental evaluations and speech therapy, contributing to healthier growth and early intervention.

Educational and recreational initiatives also form part of this model of care. In 2025, the Hope and Joy Camp brought together children and adolescents living with HIV in a safe and engaging environment, fostering self-esteem, a sense of belonging, and opportunities for reflection.

This approach also extends to community awareness and prevention. In November, under the slogan “Enough Is Enough” (“Basta Ya”), Clínica de Familia led the first Brides’ March in La Romana, with broad participation from community members and institutions. The initiative promoted an end to gender-based violence through a symbolic march and a central event with authorities and key partners, included a tribute to victims of femicide, and concluded with a collective call for prevention, remembrance, and community solidarity.

# RESEARCH & EDUCATION

46 ROTATING STUDENTS



2,577

adolescents reached with sex education



The Research Department produces scientific and applied evidence to strengthen care quality and inform health interventions. In 2025, two articles were published in peer-reviewed journals addressing sexually transmitted infections in vulnerable women and support strategies for adolescent mothers using digital tools. Data collection also began for three new studies, including M-HARP, developed in collaboration with Northwestern University, focused on postpartum follow-up, as well as a study on childbirth experiences. In addition, the first year of the iSTAR study was completed, aimed at improving cervical cancer screening, diagnosis, and treatment among women living with HIV.

Clínica de Familia continues to strengthen the training of future professionals through its Student and Volunteer Program. In 2025, students in family and community medicine, nursing, psychology, laboratory, and business from Dominican and international universities completed rotations and contributed to research and public health initiatives. Three international volunteers also supported key program areas, including two from the Peace Corps and one from Japan International Cooperation Agency.

The Adolescent Program promotes sexual education and life skills development, enabling young people to make informed decisions about their sexual and reproductive health. During the year, 1,554 students completed the full comprehensive sexual education program, and 1,058 more participated in targeted talks delivered at eight schools and several community settings. In parallel, 58 youth peer educators were trained, and 29 adolescents took part in Project AIM, strengthening their personal development and future planning.

# OUR TEAM & FINANCES



**144**

staff members

**85%**

women

**96%**

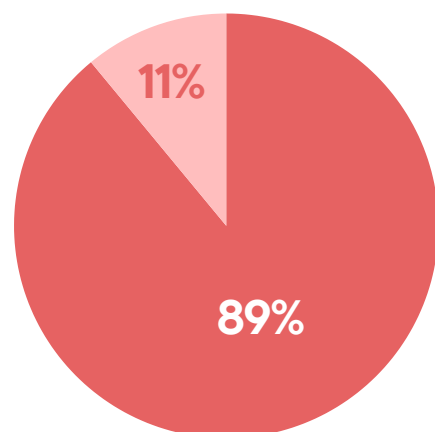
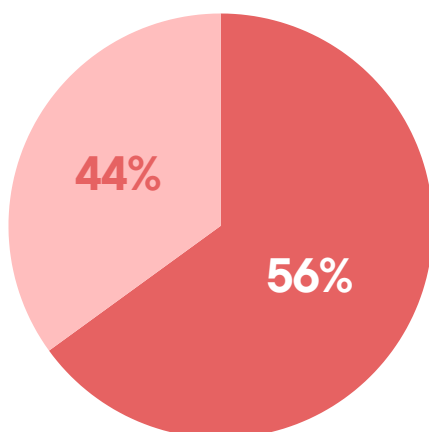
Dominican

**Programmatic and operations revenue: US\$2,913,585**

**Programmatic and administrative expenses: US\$2,872,260**

- Service revenue
- Donations & grants

- Programmatic costs
- Administrative expenses



# PARTNERSHIPS & ACADEMIC PARTNERS

- AFS Dominican Republic
- Alianza ONG
- Alianza ONGs Romanenses
- Boston University
- Brides' March
- Center for the Development of Nonprofit Associations
- Children's Hospital of Philadelphia
- City University of New York
- La Romana Bayahibe Tourism Cluster
- NGO AIDS Coalition
- Columbia University
- HIV Clinical Services Quality Advisory Group
- Collaborative Research Institute
- Institute of Health (INSALUD)
- Technological Institute (INTEC)
- Japan International Development Agency (JICA)
- Johns Hopkins University
- Ministry of Agriculture
- Ministry of Education
- Ministry of Public Health
- Northwestern University
- Pontificia Universidad Católica Madre y Maestra
- Reproductive Health Supplies Coalition
- Rutgers University
- National Health Service
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- University of Michigan
- University of Pennsylvania
- University of South Florida
- University of Texas Medical Branch
- University of Texas San Antonio
- University of Washington
- Washington State University



# SUPPORT & DONATIONS



# 24%

of the income Clínica de Familia's received in 2025 came from Children's Global Health Fund

We are deeply grateful for the support of our donors and partners. In 2025, their contributions sustained core operations, services, and programs, advanced priority projects, and supported the permitting process for Clínica de Familia's future facility. The ongoing commitment of institutions and individuals who share our mission underpins this work.

Donor support is evident in the health and well-being of our clients. Contributions enable the programs and services that produce these outcomes.

Beginning in 2026, 100% of donations to Clínica de Familia made through the Children's Global Health Fund will be directed to program support, with all administrative costs fully underwritten by its Board of Directors.

You can donate through our websites:

- [www.clinicadefamilia.org.do/donar-donate](http://www.clinicadefamilia.org.do/donar-donate)
- [www.childrensglobalhealthfund.org/donate](http://www.childrensglobalhealthfund.org/donate)

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# CONTACT US



Clínica de Familia  
La Romana



Calle Gregorio Luperón, Esquina Calle Gastón Deligne #168  
La Romana  
Dominican Republic



[info@clinicadefamilia.org.do](mailto:info@clinicadefamilia.org.do)



1 (809) 813-2934



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254 McLain Street  
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United States



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