

ANNUAL REPORT 2019





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Who We Are

Clínica de Familia La Romana is a non-profit, non-governmental organization that offers high quality medical services to the La Romana community, in the Eastern Dominican Republic. We provide comprehensive health services with a holistic, family-centered approach and have programs focused on improving the health of our community's most vulnerable populations. We began our work in 1999, which means that we celebrated 20 years of supporting our community in 2019.

Message from Leadership



Clínica de Familia's 2019 was a great year with many achievements to celebrate. In nearly all of our programs and services we experienced an increase in the number of services provided and the number of clients served at both Clínica de Familia and Maternal-Infant Adolescent Health Unit. Some of this year's highlights included our 20th anniversary celebrations, the certification of our laboratory with ISO 9001, progress in research studies of clinical and scientific importance, including with national and international presentations, and the continuous improvement of the quality of our services. Our highly motivated and passionate team is helping us to achieve our mission of improving the health of the families in the Eastern region of the Dominican Republic.

Mina Halpern Lozada
Executive Director

What did we achieve in 2019?



Clínica de Familia La Romana has a multidisciplinary team dedicated to improving the health of our clients. We offer a variety of medical specialties, psycho-social support services and diagnostic services.

177,662

Total Services

155,980

Laboratory Services

38,760

Medical Consults

11,498

Clients

Service Offerings at Clínica de Familia La Romana

General medical services:



Primary Care



Pediatrics



Obstetrics
& Gynecology



Family Medicine



Internal Medicine



Nephrology



Diabetes Care



Nutrition



Pulmonology



Cardiology



Women's Program



Men's Program

2019 General Medical Services





Diagnostics and Procedures

X-Rays, ultrasound, MAPA, holter, doppler, echocardiogram, electrocardiogram, colposcopy, circumcision.



Family Planning

Family planning counseling and birth control methods, including implants, interuterine devices, birth control pills, injections, and condoms.



Laboratory

Wide range of laboratory tests; with international quality certification with ISO 9001-2015 (received in June 2019).

Comprehensive HIV Care

Clínica de Familia, registered as an HIV care and treatment site with the Ministry of Health, provides free antiretroviral therapy y holistic care to clients with HIV, including adults, pregnant women, children and adolescents.

17,563
Consults

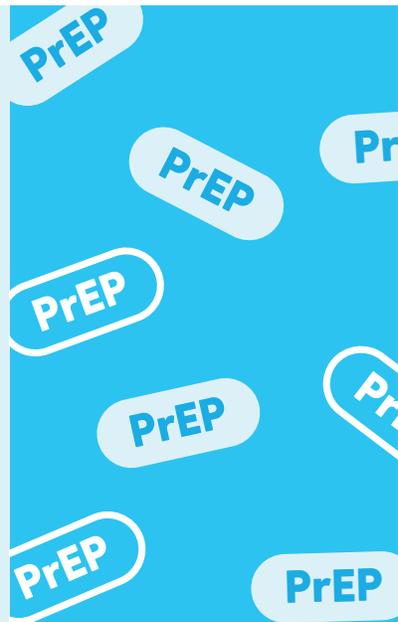
2,056
Active Clients

98%
HIV-Negative
Newborns

Prevention and Pre-Exposure Prophylaxis

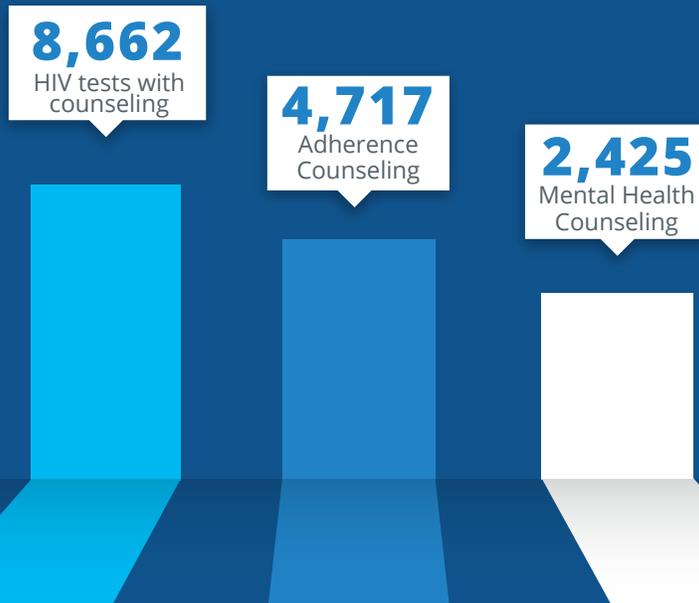
Clínica de Familia, dedicated to health promotion and prevention among vulnerable clients, offers a program that includes primary care services and prevention, diagnosis, and treatment of sexually transmitted infections, family planning, mental health services, and educational health talks for key populations.

In April of 2019, we began a pre-exposure prophylaxis (PrEP) program as an innovative strategy to prevent HIV infection among clients who are HIV-negative, by taking medications that will reduce their risk of HIV acquisition. This program was aimed at two key populations: men who have sex with men and sex workers. In 2019, 106 clients were enrolled in the program.



Mental Health

Mental Health is one of the key pillars of the HIV care and treatment program at Clínica de Familia. The team includes therapists that provide counseling to both clients with HIV and to individuals from the general public. We also offer HIV pre- and post-test counseling, adherence counseling to help clients take their medications correctly, and support groups that allow for participants to better understand their health condition and learn from and support their peers.



Community Health Promotion and Social Work

Since the Community Health Promotion Program began in 2006, our health promoters have visited our clients with HIV and their family members in their homes, in order to provide support, accompaniment, and palliative care. In 2019, the program conducted 3,766 home visits to 345 clients with HIV.

The Social Work Department conducts socio-economic evaluations in order to equitably distribute available resources to our most vulnerable clients. In 2019, 365 clients received 5,506 different services from the department. Sixty-seven percent of clients receiving support were living in conditions of extreme poverty, of which 25 families participated in our kitchen garden project.



Camp Hope and Joy



Camp Hope and Joy celebrated its fifteenth anniversary in 2019 in Jarabacoa. Twenty-four children between 6 and 11 years old participated in the first week of camp and 28 teens from 12 to 16 years old participated in the second week. Both weeks of camp were filled with fun sports, arts and culture, human nature, and life skills activities. This year's camp motto was "Let the Party Live". Each activity focused on personal development, self-esteem and adherence. Thirty trained adults provided support to the campers throughout the two weeks. In addition, there were several special visits, including from the International Women's Club, Grupo Read, Regalando una Sonrisa, Columbia University, and Pontificia Universidad Católica Madre y Maestra.

Pediatric Program's Holiday Party



Clínica de Familia La Romana had its annual holiday party for children from the Pediatric Program in December. This year various organizations supported and participated in the celebration. Visiting clowns and players from the La Romana baseball team (Toros del Este) facilitated a fun and participatory show for the kids. We also gave presents and had raffles to the children, among other activities.

Maternal-Infant Adolescent Health Unit

The Maternal-Infant Adolescent Health Unit (MAMI), a collaboration between the Hospital Materno Infantil Francisco Gonzalvo and Clínica de Familia, focused on providing sexual and reproductive health services to teens. In addition, MAMI's community and school-based comprehensive sex education program provided education to pre-teens and teens. MAMI also provided medical care and mental health counseling to teens.



4,298
Medical and Mental Health Consults

2,433
Family Planning Methods Distributed

1,342
HIV Tests for Teens

Student Program



In 2019, Clínica de Familia's Student Program received 67 students and health professionals, including 39 from the Dominican Republic and 28 from the United States and Mexico. The students came from a variety of universities, including: Columbia University, Albizu University, University of Washington, Universidad de las Américas Puebla, Pontificia Universidad Católica Madre y Maestra, Instituto Tecnológico de Santo Domingo, Universidad Nacional Pedro Henríquez Ureña, Universidad O & M, and Liceo Luis Heriberto Payan. The students did clinical and community-based rotations, as well as conducted research and public health projects.

Research

Clínica de Familia's Research Department oversees studies and data analysis aimed at providing relevant information not only for use at the local level, but also nationally and internationally. During 2019, the department worked on various studies, in collaboration with foreign institutions, including:

- Study of the prevalence of sexually transmitted infections among key populations, presenting preliminary results at a national activity in September.
- Study about the development of newborns of mothers exposed to Zika virus during pregnancy.
- Study on the strengthening of auto-determination of adolescent mothers.
- Study on the health needs of young men.

Collaborations & Alliances

With a constant focus on improving the quality of services provided to clients, Clínica de Familia is a member of the following associations:



Finances

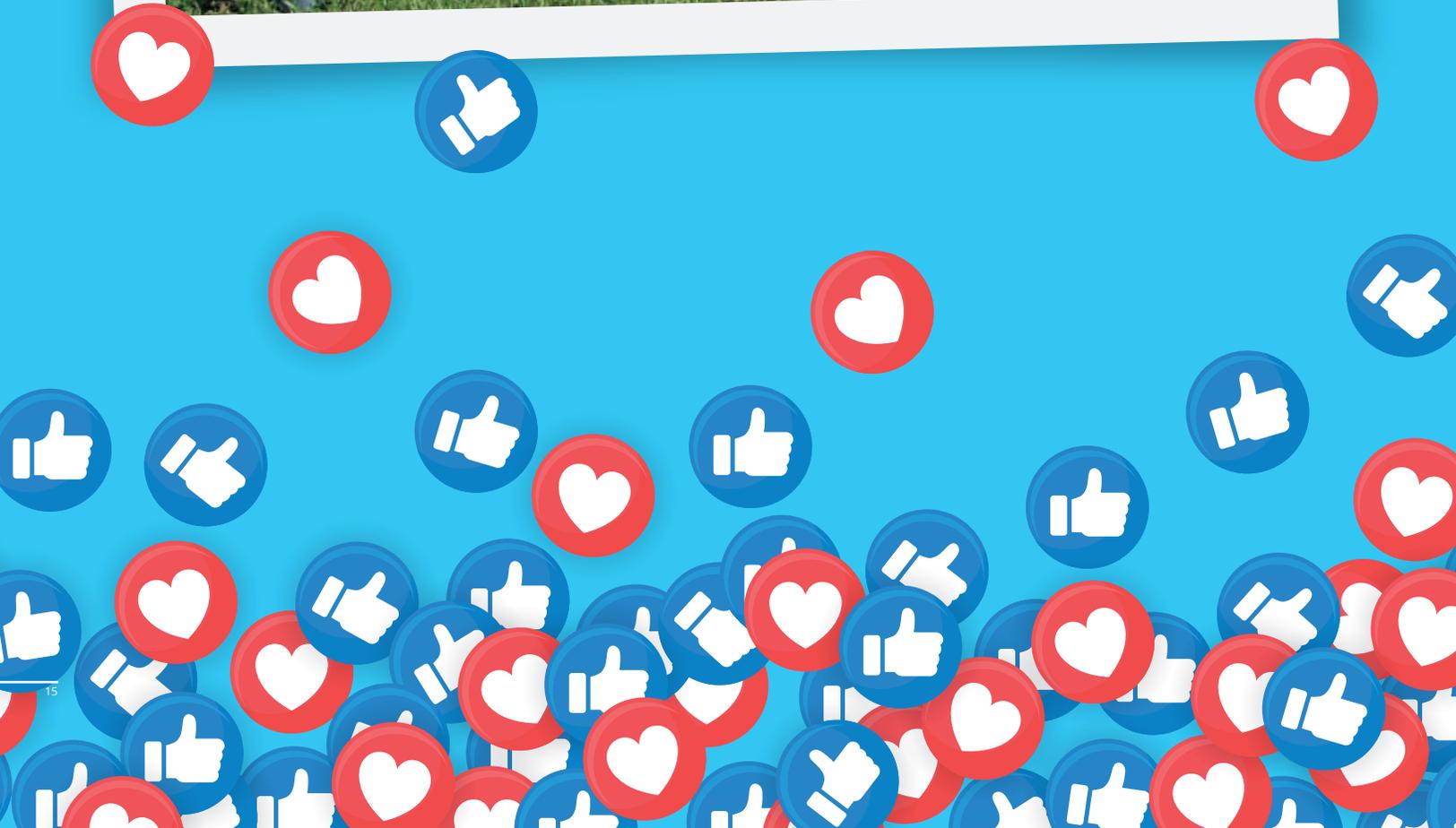
In 2019, the Clinic successfully executed all of its budgeted projects and programs for the year. The financial team managed records of revenue and expenses in order to ensure that the different programs were implemented according to their allotted funding. This financial management was carried out in accordance with internationally accepted accounting standards. It should be noted that the largest source of income came from donations and grants, which contributed 68% of the year's total revenue, in addition to income-generating activities.

FINANCIAL DATA

(values expressed in US dollars)

<i>Item</i>	<i>2019</i>
Revenue	1,868,767
Expenses	1,953,445
Sources of Revenue	
National donations	10,167
International donations and grants	1,274,831
Revenue from services	583,770
Dominican government grants	0

Thank you to all of the institutions and people that have made our work possible!





Clínica de Familia

La Romana

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We are dedicated to your health!